








Action Learning

Action Learning is a continuous process of learning and reflection whereby an individual formulates a plan of action towards a problem, concern or issue as a result of the support and challenge provided by colleagues within a safe and confidential environment.

Purpose

We work on the premise that individuals are responsible for their own problems, issues or concerns but they may not be aware of the most appropriate solution to a particular challenge. They may not have the space and time within their usual work environment to reflect on the impact and consequences of possible solutions; participating in an action learning set allows that reflection and learning to take place.

Level Seven's action learning set advisers create the environment and facilitate the process to help participants to see for themselves what might be an appropriate course of action. Our values and guiding principles include:

-  Empowering each individual
-  Co-creating a safe and supportive environment
-  Provision of challenging stimuli for people and problems
-  Confidentiality assured
-  Provision of reflective space and time
-  Enabling mutual trust and appreciation
-  Action oriented

Set Membership

There are no specific criteria for engaging in action learning other than a willingness and openness to participate and learn.

Duration

Each set comprises between 4 to 5 members, excluding the set adviser and meetings usually last half a day. This allows individual reflective time of about 45 minutes each. The number of set meetings are negotiated with the client and/or set members. These can often be determined by the context and purpose of the set meetings.

For further information please contact:

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